

WARM-UPS

JALAPENO PRETZEL BOMBS (V)

soft pretzels filled with jalapeno & cheddar \$6.99

CILANTRO & AVOCADO HUMMUS (VG)

jalapeno tapenade, extra virgin olive oil & grilled pita \$5.99

SWEET & SOUR CRISPY TOFU (VG)

bite sized crispy fried tofu, tossed in sweet & sour sauce

served with root vegetable salad \$5.99

*make it gluten free with grilled tofu

EDAMAME FALAFEL (VG)

wasabi tahini, toasted pita, garnished with

pickled edamame \$5.99

FRIED CHICKEN BAO BUN

southern style, daikon & cabbage slaw,

sweet horseradish pickle & garlic mayo

garnished with sweet potato waffle fries \$6.99

KUNG PAO CAULIFLOWER (VG) (CN)

served with a kale salad in a citrus vinaigrette \$6.99

LB OF WINGS or VEGGIE WINGS

served in your choice of sauce \$9.99

BUFFALO (GF)

with bleu cheese & celery

KOREAN (CN) (GF)

with black sesame, peanut & garlic crumble

GOLDEN CAROLINA BBQ (GF)

with candy smoked bacon & green onion. STAY GOLD!

SALADS

add grilled chicken, shrimp or tofu +\$2

TACO BOWL (V)

tortilla bowl, romaine, black beans, pickled onion, grilled corn, red peppers, pico de gallo, cheddar, cotija & chipotle dressing \$6.99

BOWLIUS CAESAR (V)

romaine lettuce tossed in our homemade caesar dressing ...say hello to grilled cheese croutons! \$6.99

FRIED GREEN TOMATOES

served two ways, fried & pickled, arugula & prosciutto di parma in a green goddess dressing \$7.99

THE BOWLYMPIAN (V)

romaine, tomato, red onion, cucumber, kalamatta olives & feta tossed in a greek vinaigrette with fresh grilled pita \$6.99

CAPRESE (V)

fresh mozzarella stacked with sliced tomatoes & cucumbers drizzled with extra virgin olive oil & a balsamic reduction topped with basil & cracked pepper \$5.99

TOTS

(GF)

ORIGINAL (VG)

kickin' it old-school with Heinz ketchup \$4.99

BAKER

cheddar, bacon, sour cream & scallions \$5.99

WAVEY (V)

old bay with cheese \$5.99

LONG TOTS (V)

longhots & cheese sauce \$5.99

REUBEN

smoked corned beef, swiss, sauerkraut & thousand island \$5.99

WAKIN N' BACON

cheddar, bacon & an egg over E-Z \$5.99

GARLIC & HERB (V)

tossed with fresh herbs & gruyere cheese \$5.99

SPANISH TOTS

fried peppers, onions & chipotle aioli \$5.99

LEAGUE PLAY

PAN SEARED SALMON BURGER

hand pattied fresh salmon with a cabbage slaw & soy mayo on a toasted english muffin \$9.99

SMOKED CHICKEN REUBEN

smoked chicken with provolone, kraut, pickles, cherry peppers & thousand island on rye \$8.99

CHICKEN CUTLET

sliced long hots, sauteed spinach, provolone cheese sauce & basil aioli served on an onion & poppy seed brioche roll \$9.99

TACOS

your choice of 3 tacos - flour or corn tortillas

KOREAN FRIED CHICKEN

crispy chicken with kimchi & asian slaw \$7.99

(VG) (CN) (GF) VEGAN AL PASTOR

beer braised jackfruit with pineapple salsa & vegan lime crema \$7.99

POW POW SHRIMP

butter milk battered shrimp tossed in a garlic sweet chili pow pow sauce with a jicama carrot slaw \$7.99

SANDWICHES SERVED WITH TOTS OR MIXED GREENS

SUB SPECIALTY TOT, CAESAR SALAD OR VEGETABLE +\$1

"KOSHER STYLE" CHEESESTEAK

smoked corned beef, sauerkraut, swiss cheese & thousand island dressing on a long roll \$8.99

LAMB SLIDERS

lamb ground with apricots, almonds & cherries with harissa mayo & a red onion salad \$9.99

STEAK SANDWICH

thinly sliced sirloin, horseradish crema, arugula & crispy fried onions on an onion & poppy seed brioche roll \$8.99

ORIGINAL MAC N' CHEESE (V)

definitely the cheesiest - topped with crushed goldfish! \$6.99
make it gluten free +\$1

SOUTH PHILLY MAC

our OG mac loaded with thinly sliced sirloin & sauteed onions - topped with crispy onions \$7.99

BURGER

with lettuce, tomato & pickle \$8.99

additional toppings \$.50 each

CHEDDAR | AMERICAN | MOZZARELLA | BLUE CHEESE | PROVOLONE
SAUTEED PEPPERS | CARAMELIZED ONIONS | JALAPENO
AVOCADO | SAUTEED MUSHROOMS | BACON | FRIED EGG

WOOD OVEN PIZZA

simple & fresh ingredients.

more sauce, less cheese. tons of flavor.

MARGHERITA (V)

marinated plum tomato, fresh mozzarella, asiago, basil & extra virgin olive oil

CHEESESTEAK

sharp provolone, shredded mozzarella, bacon cherry pepper relish, caramelized onions, sliced sirloin steak & scallions

CLASSIC (V)

red sauce, mozzarella and provolone

GRILLED SHRIMP SCAMPI

white sauce, mozzarella, provolone, parmesan, fresh tomato, parsley & lemon zest

SERGEANT PEPPER

red sauce, pepperoni, mozzarella & provolone

SHROOMIN' (V)

garlic white sauce, merlot roasted mushrooms, caramelized onions, mozzarella & provolone, sage & truffle oil brushed crust

LONG HOT

grilled long hots & sweet italian sausage, red sauce, provolone & mozzarella

SMALL 11"

SERVES 1-2

10.99

LARGE 16"

SERVES 3-4

14.99

10.99

14.99

9.99

13.99

11.99

15.99

10.99

14.99

10.99

14.99

10.99

14.99

SIDES

(V) (GF) ROASTED BRUSSELS SPROUTS \$3.99

(VG) BROCCOLI RABE PICCATA \$3.99

(V) (CN) (GF) MEXICAN CORN SKILLET

WITH COTIJA CHEESE, CHIPOTLE MAYO & PICO DE GALLO \$3.99

DESSERTS

(V) FUNNEL CAKE FRIES \$3.99

(V) S'MORES SKILLET \$4.99

(V) LAVA CRUNCH CAKE \$3.99

WARM CHOCOLATE CAKE WITH A GOOEY CHOCOLATE CENTER TOPPED WITH FRESH BERRIES

(V) ICE CREAM SANDWICH \$3.99

HOMEMADE ICE CREAM SMUSHED BETWEEN TWO FRESH BAKED CHOCOLATE CHIP COOKIES

(V) = VEGETARIAN (VG) = VEGAN

(CN) = CONTAINS NUTS (GF) = GLUTEN FREE